

MORNING

1. Try some of these yoga poses. Can you invent your own? What would you call your poses?



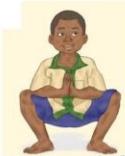
FISH



FROG



ALLIGATOR



TURTLE

DUCK

2. Read the story, *In the Small, Small, Pond* and think... “What animal was my favorite?”

YouTube:

<https://www.youtube.com/watch?v=QRgds5x53ZI>

UPK At-Home Learning Activities Calendar

WEEK OF MAY 18TH

THEME: TO THE POND WE GO

AFTERNOON

1. Using scissors, tape, markers, and recycled materials (paper tubes, boxes, bottle caps, etc.) create a pet pond creature you saw in this morning’s story. (Save it for tomorrow!)
2. Using the scrap pieces from your recycled materials, can you make a shape? A number? Explain your design and how you made it to a family member.



T

1. Take a virtual trip to the pond with Ms. Jess. You'll see that it's not just a place for fish and frogs, but so many bugs too! YouTube: <https://www.youtube.com/watch?v=T-OudFXuq88>
2. Think about the creature you created yesterday. Set a timer and see if you can move all around your house like that creature for 2 minutes. Choose another pond animal and try it again.

W

1. Go outside and play a hopping/jumping game. Using a piece of sidewalk chalk write the numbers 1- 10 either in a straight line, a zig zag line, or in a hop scotch grid board and jump from each number to the one that comes next (if a rainy day write each number on a small piece of paper and tape to the floor). Say each number as you jump forward. Then try counting backwards.
2. Clap out the syllables in the following words... **lily pad, beetle, leopard frog, turtle, minnow, and snake.**

1. Set your pond pet next to you and get a big blank piece of paper. You may want to tape 2 together. Draw a picture of the pond where your pet would live.
2. On your pond picture do the following...
 - Add 4 lily pads and label each with numbers 1 through 4.
 - By drawing thin ovals, add 4 cattail plants around the outside of your pond. Add 2 more for a total of 6 (Save the pond drawing and recycled creation).



1. Using some measuring cups and your math skills, follow this playdoh recipe.
1 cup flour
1/4 cup salt
1/2 cup hot water
2 tbsp oil
Food coloring if available
Add all dry ingredients together, slowly mix in water and knead dough with your hands.
2. Use your dough to mold and shape another pond creature. Place it in the pond you drew yesterday. Now, you have two homemade pals swimming about.

1. Let's sing along too...

T 5 Little Ducks

<https://m.youtube.com/watch?v=pZw9veQ76fo>

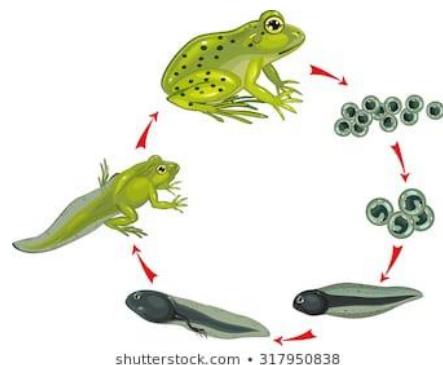
5 Little Green and Speckled Frogs

https://m.youtube.com/watch?v=ziGG_L9C12o

2. With a writing tool and some sticky notes, try and label 4 things in your pond display using just the beginning letter (We are now done with this project).

1. Watch this cool video of a frog's life cycle. **YouTube:** <https://www.youtube.com/watch?v=gmlaclb3K2o>

2. Draw 8 baby frog eggs. Subtract, or take away, 5 by putting an "X" through the middle of them. How many are left? Write this number 3 times. (Around a tree, around a tree, that's the way to make a 3).



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1. After a week of hard work and exploration, let's relax our brains with this mindfulness pond exercise. **YouTube:** <https://www.youtube.com/watch?v=wf5K3pP2IUQ>

F



2. Write any letter (super big!) on a piece of paper. Using writing tools or paint, can you add details and turn that letter into some sort of pond plant, fish, bug, or animal?

1. Watch the video "Life at the Pond's Edge" **YouTube:** https://www.youtube.com/watch?v=H8EMn_21T4o

Is there anything you wonder when thinking about any of the creatures you saw? Further explore something in the video by looking for pictures, additional videos, or any cool information. Big brothers and sisters can also be very helpful when conducting "research!"

2. Write any **number** (super big) on a piece of paper. Using your writing tools from this morning, can you turn this number into a different pond plant, fish, bug, or animal?

